

Two Day Retreat Schedule

FRIDAY

- 5:00 Eucharistic Celebration
- 6:00 Dinner
- 7:00 Practical Aspects
- 7:15 Introductory Talk
- 8:00 Conference 1
- 9:00 Night Prayers/Conscience Examen (Directed)

SATURDAY

- 7:00 Rise
- 7:30 Eucharistic Celebration
- 8:00 Breakfast
- 9:00 Conference 2
- 10:00 Free Time
- 10:15 Conference 3
- 11:00 Free Time
- 11:15 Meditation 1/Free Time
- 12:00 Lunch/Question and Answer/Free Time

- 2:00 Meditation 2 (Who Is Jesus?)
- 3:15 Meditation 3 (What Has Jesus Done for Me?)
- 4:30 Meditation 4 (What Have I Done for Him?)
- 5:30 Free Time
- 6:00 Dinner
- 7:00 Meditation 5 (What Does He Want from Me?)
- 8:15 Meditation 6 (What Am I Prepared to do for Him?)
- 9:15 Night Prayers/Conscience Examen (Directed)

SUNDAY

- 7:00 Rise
- 7:30 Meditation 7 (What Can I Expect from Him?)
- 8:00 Breakfast/ Program of Life Workshop
- 11:00 Conference 4 (Essentials of the Spiritual Life)
- 11:30 Eucharistic Celebration
- 12:30 Lunch/Departure