



To Register:



Scan QR for Registration Link



## Sojourners Contacts

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# REGNUM CHRISTI



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## SOJOURNERS

**Sojourn:** a short stay in a place that is not your home

**Why:** to attain a particular goal within a specific period of time

**Action Required:** stay, visit, stop, rest

**Goal of Regnum Christi Program:** To accompany those looking for more in their relationship with God. Invite to experience our way of hearing and following Christ in this discernment process.



# REGNUM CHRISTI

## 8 WEEK ONLINE PROGRAM

### HOW TO PROGRESS IN THE SPIRITUAL JOURNEY

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## Discernment Process

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**Goal: to decide next best step  
on your spiritual journey**

- Acknowledge God is drawing you to “more”
- Join others looking to decide how to follow Christ in daily life
- Establish a dialogue that includes the Holy Spirit, both in the sessions and in memories touched
- Listen and do as He tells you - Take action

**FORMATION**

**TEAM LIFE**

**ACCOMPANIMENT**

**SPIRITUAL LIFE**

**APOSTOLATE**

## Sojourner Sessions:

For Women

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**2026:**

January 12 - March 3

April 13 - June 9

September 14 - November 3

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Mondays 7:30 - 9:00 PM

Tuesdays 9:30 - 11:00 AM

Via Zoom, Eastern Time Zone